



Wavell Community Primary School

Personal, Social and Health Education and Citizenship Policy (PSHE)

2024 - 2026

Rationale

At Wavell Community Primary School, we shape our Personal, Social, Health Education (PSHE) curriculum to ensure it is fully inclusive to every child. PSHE is lifelong learning where children develop the knowledge, skills and understanding they need to lead confident, healthy and independent lives and to become informed, active and responsible citizens.

Wavell Community Primary School, serves diverse families from all corners of the world who bring many differing life experiences to our school community. We plan and deliver our curriculum in a way that is coherent and ensures that all children are prepared for the many different relationships they will encounter in their highly mobile lifestyle. PSHE provision at our school is tailored to meet the needs of our children and address local, national and global priorities. PSHE is key to the promotion of the spiritual, moral, social, cultural (SMSC) as well as the mental and physical development of children at the school. These are represented by our Wavell Core Values, which are:

Respect and Responsibility

Compassion and Kindness

Resilience and Courage

Excellence and Achievement

Inclusivity and Equality

Intent

In teaching a broad, balanced and differentiated PSHE curriculum with a clear progression that follows 2020 statutory guidelines, children acquire information, develop skills and form positive beliefs, values and attitudes.

At Wavell Community Primary School, we aim to help children develop the qualities and attributes they need to thrive as individuals, family members and members of society, taking into consideration the military context and high mobility that our children encounter. We scaffold the spiritual, moral, cultural, mental and physical development of children at school and strive to ensure that these attributes are mirrored within their daily lives, thus preparing them to be an active citizen of the future.

Implementation

From September 2020, the teaching of PSHE is statutory and is required to be taught in every year group. Wavell Community Primary School specifically delivers its PSHE Programme through discrete planned lessons and additional curriculum experiences as it underpins all areas of school life. We use our curriculum drivers, 'A Happy Healthy Me', 'Talk to me', 'Listen to Me', 'My Place in the World' and 'Learning for Life' to deliver lessons. These drivers are embedded in the planning of our whole curriculum, which is designed to accommodate the needs of our unique military cohort and community. The responsibility for co-ordinating PSHE lies with the PSHE Subject Leaders, in conjunction with the Senior Leadership Team; however all class teachers are responsible for the planning and delivery of inclusive and differentiated PSHE experiences within their year group.



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We provide opportunities for children to:

- Enjoy their learning
- Develop self-esteem, self-confidence and resilience
- Think for themselves and take responsibility for their actions
- Develop emotional literacy
- Draw on personal thoughts, feelings and experiences
- Develop a safe and healthy lifestyle
- Learn to keep themselves and others safe
- Develop good relationships with others
- Respect the differences between people
- Develop independence
- Prepare to play an active role as citizens in the future as part of local, national and global communities and organisations
- Make choices and decisions that impact on their own lives and the lives of others
- Consider the short and long-term consequences of choices made
- Consider social and moral dilemmas
- Find information, advice and help
- Prepare for, understand and cope with change
- Actively participate in a wide range of experiences across and beyond the curriculum
- Develop and understand the importance of positive values
- Understand what constitutes British Values (democracy, the rule of law, individual liberty, mutual respect, tolerance of different faiths and beliefs) while celebrating cultural and religious diversity.

A metacognitive approach is woven throughout our curriculum in order to embed essential skills and attributes for learning. Children are empowered to have high expectations through the implementation of growth mindset. Adults scaffold and support the emotional wellbeing and mental health of children through the use of Emotion Coaching techniques, which supports children to recognise the value of feelings and encourages empathy, self-regulation and reflection.

Impact

At Wavell Community Primary School, our PSHE curriculum ensures that all children develop the essential skills represented by our Wavell Values. Children will develop a sense of belonging that goes beyond everyday school life. They will understand what constitutes a safe, healthy lifestyle and will have the tools, knowledge and strategies to develop and manage their own wellbeing. In turn, they will be able to make positive contributions to the community and, in doing so, be active citizens within their future lives.

Guidelines

PSHE provision will be delivered across four strands:

1. Discrete PSHE provision

Regular planned opportunities with clear learning objectives taken from the statutory guidance (2020), supplemented by other relevant materials where appropriate.

- Me and My Relationships
- Keeping Myself Safe



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- Becoming an Active Citizen
- My Healthy Lifestyle and RSE
- Mental Health, Emotional Wellbeing
- Me and My Future

2. Assemblies and additional curriculum experiences

- Assemblies (whole school, key stage, class assemblies)
- Use of visitors and visits
- Sporting and team activities
- School council
- Community projects
- Concerts and events
- Charity support and fundraising
- Extra-curricular clubs
- Parental involvement
- Expert tuition e.g. Crucial Crew

3. Behaviour around school

Management of behaviour is dealt with in the Behaviour Policy, in conjunction with which this policy should be considered. We aim to be positive in our management of behaviour, actively seeking out opportunities to reward children for socially appropriate behaviour throughout the school day. This includes during lessons, playtimes, lunchtimes and when moving around the school building. Through PSHE lessons and discussion with groups or individuals, we aim to improve children's ability to manage their own behaviour effectively. Expectations are made explicit through the use of:

- Wavell Core Values underpinning School Rules
- School-Parent agreement of expectations through informal discussion and Parents' Evenings
- Role modelling (both adult and peer)
- Celebration assemblies
- House points and other reward systems
- Emotion Coaching and Restorative Practice

4. Relationship and Sex Education

For RSE, the school follows the 'Christopher Winter Project'. Please see separate RSE Policy for further details.

Assessment

Continuity and progression in PSHE is ensured through the use of appropriate learning objectives taken from the statutory guidance and school progression documents. There is no statutory requirement for assessment. Some aspects of RSE and health education, which are statutory elements of the Science National Curriculum, need to be assessed according to Science targets. Assessment of PSHE takes place through monitoring, discrete assessment, learning walks and child conferencing in line with the school assessment procedures for foundation subjects.

Feedback to parents takes place termly through Parents' Evenings and annually in a written report.



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This PSHE policy is available for parents to review on the school website.